

ABSTRACT OF THE DISCLOSURE

A seat supporting table for a barber or beauty chair which can slide a barber or beauty chair even when the barber or beauty chair is provided with no sliding function. A sliding plate, to which the barber or beauty chair is attached, is slid forward and backward to a desired position along a guide rail for guiding a slide of the sliding plate. A sliding power controlling bolt for controlling a sliding power required for sliding the sliding plate is also provided and a slider controls the sliding of the sliding plate.